

ADULT

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NAME:		GENDER: M or F	
STREET:		BIRTHDATE:	
CITY:	STATE:	ZIP:	
HOME/CELL #:	WORK #:		
HOW DID YOU HEAR ABOUT US?		EMAIL:	

MEDICAL CONDITIONS:

EMERGENCY CONTACT

NAME:	PHONE:
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VH STAFF USE ONLY	TR Belay / Figure 8 <input type="text"/>	Lead Climb / Belay <input type="text"/>
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PLEASE READ THE FOLLOWING RULES AND SIGN AND / OR INITIAL WHERE INDICATED. THESE RULES ARE FOR YOUR SAFETY AND THE SAFETY OF OTHERS.

- Climb at your own risk.
- All climbers, gym users and visitors must sign a Vertical Hold Sport Climbing Center, Inc. (VERTICAL HOLD) waiver form and check in at the front desk.
- Belayers are required to pass the safety check by demonstrating to a VERTICAL HOLD staff member safe belay skills and proper tie-in with a figure eight knot.
- You may NOT teach others how to belay, regardless of your ability.
- You are not permitted to climb unless you have learned correct climbing techniques. Climbing in a gym requires different skills than climbing outdoors. VERTICAL HOLD offers classes for every level of climber.
- Climbing unbelayed 8 feet above the landing zone is not permitted. Climbers climbing over 8 ft above the landing zone must be protected by a belayer through the use of a belay plate or similar device attached directly to the harness.
- You must have a spotter and use the mats provided when climbing on the boulder.
- A manufactured harness must be worn by the belayer and climber while engaged in roped climbing. VERTICAL HOLD has harnesses available for rent. Use your own harness at your own risk.
- Harness buckles must be doubled back as specified by the manufacturer.
- Climbers are required to tie in directly to their harness with a figure eight knot.
- Climbers are required to check their rope prior to climbing.
- All lead climbers and their belayers are required to pass the lead test prior to leading.
- Climbers should inspect both the facility and the equipment they will be using and immediately advise the VERTICAL HOLD staff of any problems.
- All climbers are permitted to use only white chalk.
- Modular holds; ropes; or any other equipment may only be moved or altered by VH staff.
- Lug-soled boots/shoes are not permitted on the climbing walls. Street shoes may be used on the approval of VH staff.
- No smoking inside the gym.
- No drugs or alcohol inside of the gym.
- No foul language inside the gym.
- You are not permitted to climb if you are under the influence of drugs or medical treatments that may alter or impair your perception, alertness or coordination.
- Climbing above others is not permitted.
- Be aware of the swing trajectory of other climbers (especially on any overhanging or roof routes.)
- Climbing / hanging on overhead pipes is not permitted.
- Helmets are required for all climbing unless the Helmet Waiver below has been signed and dated. You must bring your own helmet. VERTICAL HOLD does not have helmets available for rent. Use your own helmet at your own risk.
- Parents / Legal Guardians must have direct physical control of their children at all times while in the confines of the gym.
- The VERTICAL HOLD staff reserves the right to request climbers to adjust, alter, or discontinue any activity which they determine to be inappropriate, hazardous, or unsafe. The VERTICAL HOLD staff further reserves the right to terminate your visit at their discretion.

SIGNATURE:	DATE:
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HELMET WAIVER

I, THE UNDERSIGNED, AM AWARE OF THE DANGERS INHERENT IN CLIMBING, INCLUDING THE RISK OF A SERIOUS FALL. I AM FURTHER AWARE THAT THE USE OF A PROTECTIVE HELMET COULD PREVENT BRAIN DAMAGE OR EVEN DEATH IN THE EVENT OF AN ACCIDENT, AND THAT THE SAFETY RULES OF VERTICAL HOLD SPORT CLIMBING CENTER, INC. (VERTICAL HOLD) REQUIRE ME TO USE A HELMET. AGAINST THE ADVICE AND RECOMMENDATION OF VERTICAL HOLD, AND ITS INSURANCE COMPANY, I AM REFUSING THIS IMPORTANT SAFETY PRECAUTION.

SIGNATURE:	DATE:
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RELEASE OF LIABILITY

1. I understand and acknowledge that sport climbing activities have inherent dangers that no amount of care, caution, instruction, or expertise can eliminate, including but not limited to falling, equipment failure, negligence of other climbers, hidden, latent, or obvious defects in the facilities and / or equipment, the active or passive negligence of VERTICAL HOLD SPORT CLIMBING CENTER, INC. (VERTICAL HOLD), its employees, staff, agents, officers, and directors, and further including but not limited to my failure to observe the gym rules including my failure to properly check climbing and / or belaying partner to ensure that the figure eight knot is correctly tied and that the belay device is securely attached to the harness; while lead climbing, to ensure that my belaying partner has been properly trained in all lead climbing equipment before climbing including the soundness of the ropes. I further understand and acknowledge that I am also responsible for the potential injury to others due to my willful negligence if I leave backpacks, shoes, climbing equipment in the path of others instead of using the lockers / storage boxes available. I also acknowledge and understand potential dangers in the gym including but not limited to tripping over the rock box; slipping on the chalk dust which can collect on the mats in the bouldering areas and / or tripping / slipping on the chalk dust on the floor, on the stairs leading to the deck, near the front door; and that near the front and rear roll-up doors there is no rail to prevent falls out of the front and rear roll-up door areas. I further understand that my children can be a hazard to others while playing in the gym and I will keep my children under my direct control while I am climbing. In addition, I accept responsibility for the failure or defects of my personally owned equipment. I EXPRESSLY AND VOLUNTARILY ASSUME ALL RISK OF DEATH OR PERSONAL INJURY SUSTAINED WHILE PARTICIPATING IN SPORT CLIMBING ACTIVITIES INCLUDING ALL OF THE ABOVE SPECIFIED RISKS AND THE PASSIVE OR ACTIVE NEGLIGENCE OF VERTICAL HOLD, ITS EMPLOYEES, STAFF, AGENTS, OFFICERS, AND DIRECTORS.

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2. I HEREBY, FOR MYSELF, MY HEIRS, EXECUTORS AND PERSONAL REPRESENTATIVES, FOREVER RELEASE AND DISCHARGE VERTICAL HOLD, ITS EMPLOYEES, STAFF, AGENTS, OFFICERS, DIRECTORS, AND OWNERS (THE "RELEASED PARTIES") FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS OF CAUSES OF ACTION THAT I MAY HEREAFTER HAVE FOR INJURIES AND DAMAGES ARISING OUT OF MY PARTICIPATION IN SPORT CLIMBING ACTIVITIES AT VERTICAL HOLD.

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3. This release shall remain effective from the date of execution until revoked by me by subsequent written notification delivered to VERTICAL HOLD. This release shall pertain to any and all subsequent climbing activities at VERTICAL HOLD.

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I have read the foregoing Release of Liability and understand that by signing below I am giving up my right to bring legal action against the released Parties, including my and said minor's right to a jury trial, for personal injuries, death, or property damage arising out of the use of the sport climbing facilities of VERTICAL HOLD.

SIGNATURE:	DATE:
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